

See next page for important
information on
Special Dates and Hours



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ROCKVILLE SWIM AND FITNESS CENTER

355 Martins Lane • Rockville, MD 20850

<http://www.rockvillemd.gov/swimcenter> • (240) 314-8750

2018 Recreational Swim and Fitness Center Schedule

Summer I (June 16 – August 10)

OUTDOOR POOLS

RECREATION (with Slide)

Mon-Fri	Sat & Sun
10:30am – 9:00pm	12:00pm – 9:00 pm

Outdoor pool users must enter and exit using the outdoor entrance 12 -9 pm daily

FITNESS (50 Meters)

Monday – Friday	Saturday and Sunday
ONLY Tu/Th 6:00 am to 8:00 am - 2 lanes lap swimming only	9:00 am to 12:00 pm* - min. of 3 lanes lap swimming only (*see reverse side for exclusions)
8:00 am to 9:00 am - 2 lanes lap swimming only **	
9:00 am to 10:30 pm - 3 lanes lap swimming only **	
10:30 am to 4:00 pm - 3 lanes lap swimming + rec swim / diving boards	12:00 pm– 9:00 pm – 3 lanes lap swimming + rec swim / diving boards
4:00 pm to 6:00 pm – 3 lanes lap swimming only (no diving boards)	
6:00 pm to 9:00 pm – 3 lanes lap swimming + rec swim / diving boards	

Note: **Small area for deep water running available 9-10am, Mon-Fri

INDOOR POOLS

NORTH (25 Meters)		SOUTH (25 Yards)
Monday – Friday	Saturday	Monday – Friday
6:00 am – 8:20 am	6:00 am – 9:00 am	11:00 am – 2:00 pm
12:00 pm – 3:00 pm min. of 3 lanes lap swimming only	12:00pm – 8:00 pm	Saturday and Sunday
5:00 pm – 7:30 pm	Sunday	Closed
7:30 pm – 9:00 pm 2 lanes lap swimming only (*see reverse side for exclusions)	12:00 noon – 8:00 pm (Ramp and 1 st lane closed until 12:45pm)	

The indoor entrance and facilities are reserved for adults (18+) and children (6 & under) accompanied by an adult

FITNESS ROOM / SAUNAS / SPA

Monday - Friday	Saturdays	Sundays
6:00 am to 9:00 pm	6:00 am to 9:00 pm (Spa closes at 7:00 pm)	9:00 am to 9:00 pm (Spa closes at 8:00 pm)



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Special Dates and Times for Summer I Season Schedule

Please see page 1 of the flyer for the normal operating hours

Saturday, June 23

Martins Lane (road in front of RSFC) will be temporarily closed from 6:50pm-7:20 pm for the Suds and Soles Race. RSFC will operate on a normal schedule. Customers should plan for the temporary road closure in their arrivals and departures to the facility.

Wednesday, July 4 – Holiday Hours

Fitness Room, Saunas, Spa	11:00 am to 6:00 pm
North Indoor Pool	11:00 am to 6:00 pm
South Indoor Pool	CLOSED
Outdoor Recreational Pool	12:00 pm to 6:00 pm
Outdoor Fitness Pool	12:00 pm to 6:00 pm 3 lanes lap swimming + rec swim / diving boards

Tuesday, July 10 (Due to Swim Meet)

Outdoor Fitness Pool – 6:00 am to 3 pm (space allocation listed on page 1)
Fitness Pool CLOSED at 3 pm. All other areas operating on a Normal Schedule.

Weekend Fitness Pool Morning Lap Swim 9:00 am –12:00 pm

Unavailable on the Following Dates:

- Saturday June 9, 2018
- Saturday June 16, 2018
- Saturday June 30, 2018
- Saturday July 14, 2018
- Saturday July 28, 2018
- Sunday July 29, 2018

Please note: The Summer II schedule will begin on Aug. 11
Check website for details:
www.rockvillemd.gov/swimcenter

North Pool Evening Lap Swim (7:30pm-9:00pm)

Unavailable on the following dates:

- Wednesday 6/20/18
- Wednesday 7/18/18

Saturday, July 21

Martins Lane (road in front of RSFC) will be temporarily closed from 7:00pm-10:00pm for the Twilight Run Fest. RSFC will operate on a normal schedule. Customers should plan for the temporary road closure in their arrivals and departures to the facility.